

The 1's

Daily Schedule

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| 7:00 – 8:30 | Arrival, free choice play |
| 8:30 – 8:45 | Playground (Gross Motor Skills) |
| 8:45 – 9:00 | Diaper change / Wash hands |
| 9:00 – 9:15 | Snack time |
| 9:15 – 9:30 | Rectangle time |
| 9:30 – 10:30 | Free choice of all areas open; small group activities are offered, such as: music & movement, art, literacy, informal reading, science & nature, math, sensory activities, etc. |
| 10:30 – 10:45 | Music / Story Time |
| 10:45 – 11:00 | Diaper change / Wash hands |
| 11:00 – 11:30 | Playground (Gross Motor Skills) |
| 11:30 – 11:40 | Wash hands |
| 11:40 – 12:00 | Lunch time |
| 12:00 – 12:15 | Diaper change / Wash hands |
| 12:15 – 2:45 | Cots down, quiet activities, and nap |
| 2:45 – 3:00 | Diaper change / Wash hands |
| 3:00 – 3:15 | Snack time |
| 3:15 – 3:30 | Rectangle time |
| 3:30 – 4:15 | Free choice of all areas open; small group activities are offered, such as: music & movement, art, literacy, informal reading, science & nature, math, sensory activities, etc. |
| 4:15 – 4:30 | Diaper change / Wash hands |
| 4:30 – 5:00 | Playground (Gross Motor Skills) |
| 5:00 – Closing | Outside Play, Child's choice play |



- Diapers are checked every two hours and changed as needed
- Hands are washed with soap and running water upon arrival, after outside play, after toileting, and before and after meals / snacks.